EQUS

STAYING CONNECTED

Issue 85 • January 2020

EQUS Community Connection Presents:

Rural Mental Health Workshops

Each year EQUS employees and Board of Directors raise funds through our annual Charity Golf Tournament and other staff events throughout the year. In 2019, our goal was to support rural mental health initiatives. We are pleased to announce that we have teamed up with McMan Youth, Family and Community Services Association to provide free mental health workshops in EQUS communities.

These workshops will teach attendees how to recognize mental health problems in family and friends, positive mental health coping strategies, reducing the stigma of mental health and provide connections to local community supports and services.

EQUS is a rural-based and rural-focused co-operative. We know that our members and many of our staff live and work in rural communities, which is why the health and wellbeing of these communities is so important to us. Many rural communities lack access to local mental health resources and support. Our hope is that by bringing these workshops to 10 EQUS communities we can help build resilience by creating awareness and resources for rural residents.

McMan

Anyone is welcome to attend the free two-hour workshops. For a full list of the Rural Mental Health Workshop locations and details visit equs.ca/members/events, or contact Sarah Gunderson at 403.994.4497 or sarah.gunderson@mcmancentral.ca.

SUPPORTING MENTAL HEALTH IN RURAL ALBERTA

Free Workshop

Barnwell - January 20
Bow Island - January 20
Fort Macleod - January 21
Onoway - February 3
Barrhead - February 3
Evansburg - February 4
Ponoka - February 4
Rimbey - February 13
Lacombe - February 13
Claresholm - March 2

EQUS

DELIVERING MORE THAN POWER

ALBERTA FORWARD FORUM

BOOSTING THE RURAL ADVANTAGE

February 24-25, 2020

POMEROY INN & SUITES AT
OLDS COLLEGE

EQUS IS PLEASED TO ANNOUNCE THE LAUNCH OF THE INAUGURAL ALBERTA FORWARD FORUM, TAKING PLACE ON FEBRUARY 24 – 25, 2020 IN OLDS, ALBERTA.

The first of its kind in our province – this immersive event will bring together over 200 attendees including key stakeholders, municipalities, business owners, government, and industry thought leaders, who will gather to discuss and debate key issues affecting economic development in rural Alberta, all with the same objective in mind – to boost our rural economy and move rural Alberta forward.

KEYNOTE SPEAKERS

GRAHAM SHERMAN
Owner, Tool Shed Brewery

MARIE-JOSE (MJ) CROONEN
Vice President Energy, AECOM

LARRY THOMPSON
CEO, Vantage Point Solutions

For more information & to register, visit
WWW.EQUS.CA/ALBERTAFORWARD

EQUS

communications@equs.ca

Save the Date!

2020 Annual General Meetings

Join the EQUS Board of Directors, CEO and staff at one of our three Annual General Meetings coming up in the spring!

Review the Annual Report and financials, elect Directors to the Board of Directors, and come early to visit the EQUS booths!

Watch upcoming newsletters for further details and RSVP information, or go online to equs.ca/members/events.

2020 AGM Dates and Locations

Lethbridge - Tuesday, March 31
The Coast Hotel & Conference Centre
526 Mayor Magrath Drive South

Red Deer - Wednesday, April 1
Radisson Red Deer Hotel
6500 67 Street

Stony Plain - Thursday, April 2
Best Western Sunrise Inn & Suites
3101 43 Avenue

2019 Member Input Session Summary Now Available Online

The 2019 Member Input Sessions were held in November. Over 60 members in attendance at the three sessions discussed innovation, rural economic development, and reviewed the 2020 Strategic Plan from the Board of Directors. A summary of the input received in these sessions is now available online on the homepage of the EQUS member portal.

Operation Round Up(dates)

The Innisfail Curling Club received $3,000 in Operation Round Up funding to be used for the purchase of new youth brooms, sliders and grippers for their Junior Curling and Learn-To-Curl Programs. These programs introduce kids from Innisfail and the surrounding rural communities to curling, and teaches them how to properly and safely use the equipment.

The next application deadline is March 31. Programs that benefit youth and seniors in EQUS' Service Area could be eligible to receive up to $5,000. For more information visit: equs.ca/community/operation-round-up

It's time to settle up!

Budget Billing

Please be advised that all budget billing accounts have now been settled up for 2019.

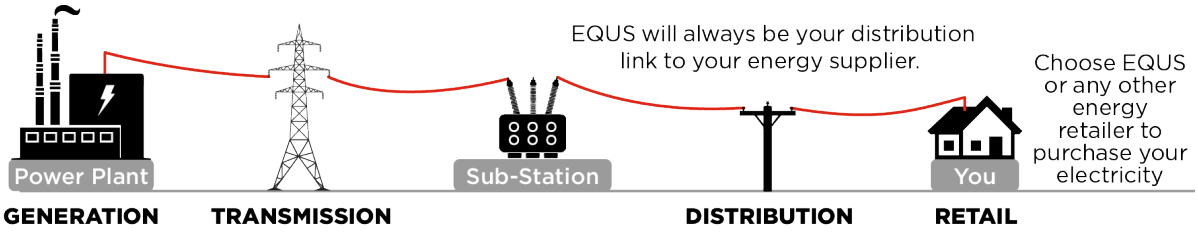
If you are signed up for budget billing, you will see a 'Year-To-Date Budget Billing' line on your current bill that indicates whether there is a credit remaining or an outstanding balance.

For those who are on budget billing, it is important that you continue to monitor the 'YTD Budget Amount' and 'YTD Actual Amount' noted on your bill throughout the year. This provides you with the dollar variance between the actual and budget values billed for your power usage. If there is any significant difference in these two amounts, contact your Member Service Administrator immediately to review the discrepancy.

Please remember, if your usage for 2020 increases or decreases, this will affect your budget billing amount and annual settlement.

Beginning on your next month's bill, you will find your new budget billing amounts which will have been calculated based on your 2019 consumption data at current rates.

To learn more about budget billing or to sign up, contact your Member Service Administrator at 1.888.211.4011.



Members are free to purchase electricity services from a retailer of their choice. For a list of retailers, visit www.ucahelps.alberta.ca or call 310.4822 (toll free in Alberta).

Power Out?

To report a power outage in your area, or for other services such as construction or vegetation management, please call your local Area Office.

Main Office	North Area Office
1.888.211.4011	1.888.627.4011
Central Area Office	**South Area Office**
1.877.527.4011	1.888.565.5445

Mailing Address: Box 6199, 5803 42 Street, Innisfail, AB T4G 1S8

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